

Highway TO Happiness

AJAHN BRAHM'S HONG KONG TEACHING TOUR 2018

Ajahn Brahm / Ajahn Brahmavamso Born in London in 1951 and graduated from Cambridge University with First Class Honours in Theoretical Physics, Ajahn Brahm is the Abbot of Bodhinyana Monastery in Australia, among other roles. A disciple of the late meditation master Ajahn Chah who has been a Theravada Buddhist monk for over 40 years, he is a highly sought after speaker who has been invited to give talks at the corporate headquarters of Google and Facebook, as well as the United Nations. He also is the author of numerous international bestsellers which have been translated into many different languages including: *Opening the Door of your Heart*; *Mindfulness, Bliss and Beyond*; *The Art of Disappearing*; *Good? Bad? Who Knows?*; *Kindfulness*; and *Bear Awareness*.

Day of Mindfulness at HKUCBH

DATE 27 February 2018 (Tuesday)
 TIME 10:00am - 4:00pm
 VENUE The University of Hong Kong - Centre on Behavioral Health
 FEE HK\$250

Club Lunch Talk

DATE 28 February 2018 (Wednesday)
 TIME 12:30 pm - 2:00 pm
 VENUE The Foreign Correspondents' Club

FOR CLUB MEMBERS ONLY

Public Talk with Cantonese Translation Highway to Happiness

公開講座 (即場粵語翻譯)
 通往快樂的高速公路

DATE 28 February 2018 (Wednesday)
 TIME 7:45 pm - 9:00 pm
 VENUE The Hong Kong Polytechnic University - Jockey Club Auditorium

Talk at LinkedIn

DATE 1 March 2018 (Thursday)
 TIME 12:00 pm - 2:00 pm
 VENUE LinkedIn Office

FOR STAFF ONLY

REGISTRATION



Download Form
<https://www.buddhistdoor.org/tc/bulletin/details/967>

REGISTRATION



Online Registration
<https://www.buddhistdoor.org/tc/bulletin/details/973>

Talk Meditation and Health

DATE 1 March 2018 (Thursday)
 TIME 6:30 pm - 8:30 pm
 VENUE Hong Kong Central Library - Lecture Hall

Day of Kindfulness

DATE 2 March 2018 (Friday)
 TIME 10:00 am - 4:00 pm
 VENUE The University of Hong Kong - Convocation Room
 FEE HK\$250

4-Day Meditation Retreat

DATE 3 - 6 March 2018 (Saturday to Tuesday)
 VENUE Novotel City Gate Hotel
 FEE Single: HK\$7,000
 2P: HK\$5,200

IVE (Sha Tin) Public Talk with Cantonese Translation

Learn to Lose: Building Resilience in your Life in 21st Century

DATE 7 March 2018 (Wednesday)
 TIME 3:30 pm - 5:00 pm
 VENUE IVE (Sha Tin) - Hall

REGISTRATION



Online Registration
<https://www.buddhistdoor.org/tc/bulletin/details/975>

REGISTRATION



Download Form
<https://www.buddhistdoor.org/tc/bulletin/details/969>

REGISTRATION



Download Form
<https://www.buddhistdoor.org/tc/bulletin/details/971>

REGISTRATION



Online Registration
<http://ive.edu.hk/st/learntolose/>

CUHK Public Talk

Highway to Happiness: Tips for Students, Teachers and Everyone

DATE 7 March 2018 (Wednesday)
 TIME 6:30 pm - 8:30 pm
 VENUE Learning Garden, University Library, CUHK

REGISTRATION



Online Registration
<http://www.lib.cuhk.edu.hk/en/node/1628>

ORGANIZER



CO-ORGANIZER



FOR DETAILS



SUPPORTERS

